



# 2024 JAMESTOWN FOOTBALL ACADEMY

(combining the FB Coaching Staffs of UJ & JHS)

**4 DATES (SUNDAY NIGHTs, NELSON BUBBLE at UJ)**  
**MARCH 24<sup>th</sup>, (MARCH 31<sup>ST</sup>- OFF) APRIL 7<sup>TH</sup>, 14<sup>th</sup>, 21<sup>st</sup>**

- **GRADES 4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup>** (6-7 PM 1<sup>ST</sup> 2 weeks, then 6-730 PM last 2 weeks)
- **GRADES 7<sup>TH</sup> & 8<sup>TH</sup>** (715-815 PM 1<sup>ST</sup> 2 weeks, then 730-9 PM last 2 weeks)

This is a non-padded football camp designed to provide detailed instruction in the fundamentals of Offense, Defense and Special Teams. The #1 GOAL of this camp is to teach the fundamentals of the game of football & have a lot of FUN doing it!! The 1<sup>st</sup> two weeks will be a lot of FB activities & drills. The 2<sup>nd</sup> 2 weeks camp will be a little longer as we get into Individual positions Offensively & Defensively, then progress to group work. Everyone will be working at positions both sides of the ball. We want to get as many campers here as possible. We will be combining our efforts from a coaching staff & using FB Coaches from the University of Jamestown & Jamestown High School- this is the 1<sup>st</sup> time we have gotten together for a camp, can't wait to get it going. Very much looking forward to his opportunity, pass the word, & lets get as many student / athletes there as possible. If money is an issue, please feel free to reach out to the contact below- we never want that to be a reason to not participate in a camp. Make sure you bring a water bottle with as well. FB cleats would be great as well.

**Camp Fees & Registration \$60 (1 camper) \$90 (2 campers)**

**\*\*Registration will start at 30 min before on March 24<sup>th</sup> Sun night,** camper's registration covers instruction and camp T-shirt

## Enrollment Form

*Please print and fill out the **COMPLETE FORM** of this form. Please use a separate form for each camper.*

Camper's Name \_\_\_\_\_ Address \_\_\_\_\_  
 City/State/Zip \_\_\_\_\_ School \_\_\_\_\_  
 Parent or Guardian \_\_\_\_\_ Home Phone \_\_\_\_\_  
 Cell Phone \_\_\_\_\_ Age \_\_\_\_\_ Grade CURRENTLY \_\_\_\_\_  
**T-Shirt Size (circle one):** Youth S M L XL Adult S M L XL XXL XXXL

Cash is accepted or Please Make Checks Payable to **JAMESTOWN FOOTBALL**

**BACK SIDE**



***We will register the 1<sup>st</sup> night of camp, come up to 30 minutes early to get this taken care of.  
 ENTRANCE INTO THE NELSON BUBBLE ON THE WEST END OF THE FIELD.***

# Athletic Consent for Participation & Medical Information

Campers Name \_\_\_\_\_ In case of emergency, contact \_\_\_\_\_  
Emergency contact phone # \_\_\_\_\_ Medical Insurance Co. \_\_\_\_\_  
Policy # \_\_\_\_\_ Group # \_\_\_\_\_ Physician name \_\_\_\_\_  
Phone \_\_\_\_\_

Hospital preference: \_\_\_\_\_

Medical conditions the youth program staff and medical emergency services personnel need to be made aware of:

I wish to register my minor child named above and consent to my child's participation in the sports camps sponsored by UJ & JHS FB during the spring of 2024. I recognize that participation in recreational and instructional activities, even when well supervised and managed, poses a risk of \_\_\_\_\_ physical injury to my child, and I certify that my child has no medical condition or impairment, including the use of medication, which might inhibit his/her participation.

## RELEASE OF LIABILITY

I, the undersigned, will remain harmless from liability for any and all medical/ accident expenses which my minor child may incur during his/her involvement in sports camps. I hereby certify that my child is provided coverage via personal health and accident insurance in affect which is sufficient to cover any & all of the expenses, noted above which might occur.

Parent/Guardian Signature \_\_\_\_\_

Print Parent/Guardian Name \_\_\_\_\_

**CAMP STAFF - The Jamestown FB Academy Football Staff is dedicated to teaching the fundamentals of football and proper techniques that put young players in position to be successful, teach the game of FB, & how it should be played.**

**The FB staff consists of individuals from the University of Jamestown & Jamestown High School with multiple years of college playing experience and many years of coaching at the Collegiate, High School, & Middle School levels.**

**For information please contact: JHS Head FB Coach Bill Nelson  
(701) 320-8441 or William.Nelson1@k12.nd.us**